



Aspetuck  
Health District

## ASPETUCK HEALTH DISTRICT

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# GENERAL GUIDELINES FOR BAKE SALES

The State and Local Public Health Codes **PROHIBIT\*** the preparation and baking/cooking of any foodstuffs intended for distribution or sale to the public in **private non-commercial kitchens** (home kitchens). A commercial kitchen that complies with Health Code requirements should be used for this purpose. Examples of this type of facility are restaurant or caterer kitchens holding a current Food Permit from a local Health Department/District, or church kitchens, having commercial equipment, that have been approved by the Health District.

Knowing that bake sales are a tradition in the community and used by many groups as fund raisers, the Health District offers these suggestions in order to minimize the risk of food-borne illness or allergies. If problems arise in the future, the Health District will consider the need for stricter controls.

## GENERAL GUIDELINES

1. No items requiring cold or hot holding, for safety, are allowed. Limit your items to such things as cookies, cupcakes, brownies, cakes, etc., which are considered non-hazardous foods, and are shelf stable.
2. All baked items must either be boxed, wrapped, or covered. Single items like a cookie or a brownie, must be wrapped individually.
3. All boxed or wrapped foods must be properly labeled with the following information:
  - name of food item
  - list of all ingredients
4. Sample sizes should be limited to single, bite-size portions. All samples must be covered.
5. The Chairperson must maintain a list of bakers, their telephone numbers, and items baked in case of a question or problem.
6. Home canned goods (jams, jellies, pickles, etc.) should not be sold.
7. Nuts are discouraged and if used **MUST** be prominently listed and separated from all other non-nut foods.

\*Non-profits applications will be considered on an individual basis. A copy of the 501-C3 form must be attached.



**Food is prepared  
in kitchens that  
are not subject to  
regulation and  
inspection by  
the local health  
department.**

**(Must be displayed at event)**